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## A High-Resolution Mid-Pleistocene Temperature Record from Arctic Lake El'gygytgyn: A 50 kyr Super Interglacial from MIS 33 to MIS 31?

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2 from Arctic Lake El'gygytgyn; a 50 kyr super interglacial  
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43 Keywords: paleoclimatology; Arctic; Marine Isotope Stage 31; Super Interglacial; branched GDGT

44 **1. Introduction**

45 Placing predicted future climate change into a broader context necessitates detailed paleoclimate  
46 reconstructions that extend beyond the last glacial period, especially from high latitudes where such  
47 changes are expected to be the largest (Stocker et al., 2013). The term “super interglacial” has been used  
48 to describe periods in the past that appear to have been characterized by exceptionally warm conditions  
49 (DeConto et al., 2012; Melles et al., 2012; Pollard and DeConto, 2009), and as such are of great interest  
50 when searching for analogues of future climate. One such period is Marine Isotope Stage (MIS) 31,  
51 defined as 1.082-1.062 million years before present (Ma BP) by Lisiecki and Raymo (2005) (NB: in this  
52 study we refer to MIS boundaries as defined by the LR04 stack). Paleoclimate records from this period  
53 are desirable because MIS 31 falls beyond the current temporal range of the Antarctic ice cores, yet  
54 occurred during the Pleistocene, when the climate system and oceanographic gateways were generally  
55 similar to today.

56 MIS 31 was characterized by the highest summer insolation receipts at high latitudes of the past  
57 1.2 Ma (Laskar et al., 2004), as well as some of the lowest oxygen isotopic values in the composite LR04  
58 benthic stack (Lisiecki and Raymo, 2005). It has been identified as a period of extreme warmth in the  
59 southern high latitudes (e.g. Maiorano et al., 2009; Teitler et al., 2015) and is also the last time strong  
60 proxy evidence is available for a collapse of the West Antarctic Ice Sheet (WAIS) (McKay et al., 2012;  
61 Naish et al., 2009; Villa et al., 2012). In the Northern Hemisphere (NH), the vast majority of paleoclimate  
62 reconstructions that cover this period are marine sediment records, with notable exceptions being  
63 sediments from Lake Baikal (Khursevich et al., 2005) and the Chinese loess archives (Sun et al., 2010).  
64 However, no high-resolution terrestrial paleotemperature reconstructions from MIS 31 currently exist.

65 Here we present data from the Lake El'gygytgyn (northeast Russia) sediment record, which  
66 provides continuous coverage of MIS 31 (Melles et al., 2012). Our high-resolution brGDGT-based  
67 paleotemperature reconstruction spans MIS 33-31 (~1114 – 1050 kyr BP) at a time step of approximately  
68 500 years. We find that MIS 31 in the Arctic experienced some of the warmest temperatures of the  
69 Pleistocene, but that peak warmth occurred out of phase with local summer insolation. Additionally, it  
70 appears that glacial conditions preceding this interval, during glacial stage 32, were short-lived in the

71 Arctic. This finding partially echoes recent evidence from the Southern Hemisphere (Teitler et al., 2015),  
72 where it was suggested that MIS 32 was warm at southern high latitudes and should be relegated to a  
73 stadial period instead of a glacial stage. The global signature of MIS 33-31 is discussed and potential  
74 teleconnections that could link changes in Antarctica and Lake El'gygytgyn are explored.

75

## 76 **2. Site Description**

77 The composite sediment core from Lake El'gygytgyn is exceptional in that it provides an archive of  
78 terrestrial paleoclimate covering the past 3.6 Ma (million years) from within the Arctic Circle (Figure 1)  
79 (Brigham-Grette et al., 2013). This site has already provided numerous insights into high latitude climate  
80 over the Plio-Pleistocene (Brigham-Grette et al., 2013; Melles et al., 2012; Climate of the Past Special  
81 Issue: Initial results from lake El'gygytgyn, western Beringia: first time-continuous Pliocene-Pleistocene  
82 terrestrial record from the Arctic), and MIS 31 has been identified as one of over a dozen “super  
83 interglacials” within this record. Warm conditions during this interval have been identified in other proxy  
84 reconstructions from Lake El'gygytgyn, such as pollen-based paleotemperatures, total organic carbon and  
85 biogenic silica concentrations, and elemental ratios (Melles et al., 2012).

86 Lake El'gygytgyn is located approximately 100 km north of the Arctic Circle in northeastern Siberia  
87 (67.5°N, 172°E) (Figure 1) and was created 3.58±0.25 Ma by a meteorite impact (Layer, 2000). The lake  
88 has a diameter of 12 km, with a total surface area of 110 km<sup>2</sup>, and is 170 m deep. Today, the continental  
89 Arctic climate leads to tundra vegetation occupying the surrounding catchment and ice cover on the lake  
90 for 10 months of the year (Nolan and Brigham-Grette, 2007). The lake is classified as oligotrophic to  
91 ultra-oligotrophic, with full overturning occurring during the summer leading to an oxygenated water  
92 column throughout the year (Melles et al., 2012; Nolan and Brigham-Grette, 2007). Measurements from a  
93 thermistor string deployed in the lake indicates water temperatures vary from 0-4°C (Nolan and Brigham-  
94 Grette, 2007). Measured air temperatures at the lake over the calendar year 2002 indicate a mean annual  
95 air temperature (MAAT) of -10.3°C, with a maximum temperature of 26°C and a minimum of -40°C.

96 Average temperatures in July were  $\sim 10^{\circ}\text{C}$ , which was shown to be representative of the broader region  
97 (Nolan and Brigham-Grette, 2007).

98 The lake was drilled during the winter of 2008/2009, resulting in a composite sediment sequence of  
99  $\sim 320$  m. The age model for the core is based primarily on magnetostratigraphy and tuning of paleo-  
100 productivity proxies to the benthic oxygen isotope stack and insolation curves (Haltia and Nowaczyk,  
101 2014; Nowaczyk et al., 2013). Age uncertainty during the MIS 31 section of the core is, therefore, related  
102 to uncertainties in the LR04 stack (estimated to be up to 6 kyr from 1 to 3 Ma), but Nowaczyk et al.  
103 (2013) note that “relative age assignments to the reference records should have a precision of  $\sim 500$  yr  
104 since many (3rd order) tie points were derived from the insolation reference record, which has a higher  
105 temporal resolution”. Identification of MIS 31 in the composite sequence is aided by the presence of the  
106 Jaramillo paleomagnetic reversal (0.991-1.073 Ma) (Haltia and Nowaczyk, 2014). For further details the  
107 reader is referred to Nowaczyk et al. (2013). Sedimentation rates were relatively high during the Pliocene  
108 ( $\sim 50$  cm kyr $^{-1}$ ), and then decreased during the Pleistocene ( $\sim 4$ -5 cm kyr $^{-1}$ ), with brief intervals of much  
109 higher sedimentation (Supplementary Materials) (Melles et al., 2012). During the MIS 35-29 study  
110 interval, the sedimentation rate varies from  $\sim 5$ -30 cm kyr $^{-1}$  (Supplementary Materials). The MIS 31  
111 section of the core spans approximately 100 cm.

112

### 113 **3. Methods**

114 For this study 143 sediment samples ( $\sim 1$ -8 g dry mass) were taken spanning MIS 29-35 (approx.  
115 1010-1145 kyr BP). The majority of samples from MIS 33-31 were taken at centimeter increments,  
116 resulting in a sample resolution of  $\sim 500$  years per sample. The sediment was freeze-dried and  
117 homogenized using a mortar and pestle before lipid extraction.

118 A total lipid extract (TLE) was obtained using a Dionex accelerated solvent extractor (ASE 200).  
119 Samples were extracted with a dichloromethane (DCM)/methanol (9:1, v/v) mixture at  $100^{\circ}\text{C}$ . The TLE  
120 was then separated into two fractions, apolar (9:1 DCM:hexane, v/v) and polar (1:1 DCM:methanol),

121 using alumina oxide column chromatography. Polar fractions were filtered in 99:1 hexane:isopropanol  
122 using a 0.45 $\mu$ m PTFE syringe filter. A C<sub>46</sub> GDGT internal standard was added to all polar fractions prior  
123 to analysis.

124 BrGDGTs were identified and quantified via high performance liquid chromatography - mass  
125 spectrometry using an Agilent 1260 HPLC coupled to an Agilent 6120 MSD following the methods of  
126 Hopmans et al. (2000) with minor modifications (Schouten et al., 2007). For compound separation a  
127 Prevail Cyano column (150 x 2.1mm, 3  $\mu$ m) was used. Two solvent mixtures were used as eluents:  
128 mixture A) 100% hexane; mixture B) 90% hexane, 10% isopropanol (v/v). Samples were eluted with 10%  
129 mixture B for 5 minutes, which was then linearly increased to 18% mixture B from minutes 5-39, and  
130 finally increased to 100% mixture B for one minute. Scanning was performed in selected ion monitoring  
131 (SIM) mode. Concentrations were calculated by comparing brGDGT HPLC-MS chromatogram peak  
132 areas with peak areas of a known concentration (C<sub>46</sub> GDGT standard added to every sample run). These  
133 values were then normalized to the mass of sediment extracted.

134 Further paleoenvironmental conditions were reconstructed using two indices based on brGDGT  
135 concentrations as originally defined by Weijers et al. (2007). The first is the cyclisation ratio of branched  
136 tetraethers (CBT) (Eq. 1). This index measures the relative amount of cyclopentyl moieties in the  
137 branched GDGTs, which Weijers et al. (2007) found to be correlated to pH. The second index, the  
138 Methylation of Branched Tetraethers (MBT), measures the presence of methyl branches at the C-5 and C-  
139 5' positions and was found to be positively correlated to MAAT, and to a lesser extent, negatively  
140 correlated to pH (Eq. 2). By combining these two indices, Weijers et al. (2007) were able to produce a  
141 robust paleotemperature proxy for soil-derived brGDGTs. In recent years this MBT/CBT relationship has  
142 been expanded to include lake sediment samples, yielding numerous lake specific calibrations (e.g.  
143 (Loomis et al., 2012; Pearson et al., 2011; Sun et al., 2011; Tierney et al., 2010). For this study the  
144 calibration of Sun et al. (2011) (Eq. 3) was applied to reconstruct temperature. In equations 1 and 2 the

145 roman numerals and letters denote the different brGDGT structures as shown in Figure A1, Appendix A  
 146 in Weijers et al. (2007).

147 Eq. 1:  $CBT = \frac{[Ib] + [IIb]}{[I] + [II]}$  (Weijers et al., 2007)

148 Eq. 2:  $MBT = \frac{[I + Ib + Ic]}{[I + Ib + Ic] + [II + IIb + IIc] + [III + IIIb + IIIc]}$  (Weijers et al., 2007)

149 Eq. 3:  $T = 6.803 - 7.602 \times CBT + 37.090 \times MBT$  (Sun et al., 2011)

150

#### 151 4. Results

152 Branched GDGT results from this study are plotted in Figure 2. brGDGTs are present in all  
 153 samples analyzed in this study. Total brGDGT concentrations vary from 0.0039  $\mu\text{g/g}$  sediment to 1.039  
 154  $\mu\text{g/g}$  sediment, with a mean concentration of 0.23  $\mu\text{g/g}$  sediment. Generally, concentrations are higher  
 155 during inferred interglacial periods, with the notable exception of ~1100-1110 kyr BP, when the highest  
 156 concentrations of the studied interval occur briefly during glacial MIS 32. Values for the MBT Index  
 157 range from 0.075 to 0.36, with a mean of 0.22. The CBT Index ranges from 0.084 to 1.37 with a mean of  
 158 0.48.

159 Reconstructed temperatures based on the MBT/CBT index vary from between 17.3 and 4.0°C,  
 160 with a mean value of 11.8°C using the calibration of Sun et al. (2011). Twenty eight samples were run in  
 161 duplicate, with a standard error of 0.1°C. Temperatures rise from 6-8°C during MIS 34 to ~14-17°C  
 162 during MIS 33 (Figure 2). Temperatures then decrease relatively rapidly to between 4 and 8°C at the start  
 163 of MIS 32. This cooling is short-lived, however, with temperatures rising to ~13°C after only a few  
 164 thousand years. Temperatures remain generally warm but variable until ~1088 kyr BP, when an increase  
 165 of 4.5°C is observed. This extreme warmth during MIS 32, reaching 17.5°C, is supported by 4 samples  
 166 representing ~2,000 years. Temperatures then rapidly decrease back to around 13°C. They slowly rise  
 167 during the traditional definition of the beginning of MIS 31 to ~16°C before declining into glacial MIS

168 30, punctuated by numerous episodes of abrupt temperature change (4-5<sup>0</sup>C over less than a thousand  
169 years).

170 Reconstructed pH using the calibration of Sun et al. (2011) yields a maximum of 8.8 and a  
171 minimum pH of 7.3 (mean of 8.2). While reconstructed pH does generally seem to covary with  
172 reconstructed temperature, there are periods when large changes in pH are not accompanied by a major  
173 temperature change (e.g. ~1093-1092 kyr BP) and vice versa (1108-1107 kyr BP) (Figure 2).

## 174 **5. Discussion**

### 176 **5.1 brGDGT temperature reconstruction**

177 Our paleotemperature reconstructions are based on concentrations of brGDGTs extracted from  
178 sediments. These compounds are bacterial membrane lipids that differ in the number of methyl branches  
179 and cyclopentane groups in their structures (Hopmans et al., 2004). The distribution of these methyl  
180 branches and cyclopentyl moieties was originally shown to be related to temperature and, to a lesser  
181 extent, pH, in soils and peat (Weijers et al., 2007). This relationship has since been observed in lake  
182 sediments as well, with increasing evidence for autochthonous production of brGDGTs in the water  
183 column (e.g. Loomis et al., 2014; Tierney et al., 2010). Modern calibration studies are used to derive pH  
184 and air temperature estimates from brGDGT distributions back through time (e.g (Loomis et al., 2012;  
185 Pearson et al., 2011; Tierney et al., 2010).

186 In this study, temperature reconstructions using the CBT and MBT indices were calculated based  
187 on the calibration of Sun et al. (2011) (Eq. 3). This decision was based mainly on the fact that this  
188 calibration is in agreement with reconstructed mean temperature of the warmest month (MTWM)  
189 estimates from pollen data over the same interval (purple line, Figure 3). It also incorporates lake-derived  
190 data from China and Nepal, the spatially closest sites to Lake El'gygytgyn. We note that applying other  
191 lake-specific MBT/CBT calibrations (e.g Loomis et al., 2012; Tierney et al., 2010; Yang et al., 2014)  
192 produces a wide range of absolute temperatures (differences of up to 6<sup>0</sup>C for the same sample). However,  
193 relative temperature changes are similar regardless of which MBT/CBT calibration is applied. We have



194 also applied brGDGT fractional abundance calibrations (e.g. Loomis et al., 2012; Pearson et al., 2011;  
195 Tierney et al., 2010), but those resulted in numerous unrealistic ( $>30^{\circ}\text{C}$ ) temperatures at certain periods in  
196 the record. We also note recent research suggesting the dependence of MBT on pH is related to  
197 incomplete separation of 6-methyl isomers on all penta- and hexa-methylated brGDGTs using current  
198 methods (De Jonge et al., 2014, 2013). While we are aware of this new methodology to separate these  
199 isomers, the majority of our analyses were carried out prior to the publication of this method.

200         We suggest that the majority of brGDGTs that have accumulated in Lake El'gygytgyn sediments  
201 were not sourced from catchment soils and likely come from *in-situ* production in the water column.  
202 While we cannot entirely rule out production in the sediments themselves, numerous studies have shown  
203 that the majority of brGDGTs are being produced in the upper water column (e.g. Buckles et al., 2014;  
204 Loomis et al., 2014). Because the catchment of Lake El'gygytgyn is roughly circular and bounded by the  
205 crater walls formed from the meteorite impact, the basin (15km in diameter) drains a small area relative to  
206 the size of the lake (12km in diameter). The lake is also surrounded by continuous permafrost (Nolan and  
207 Brigham-Grette, 2007), and a preliminary analysis of a soil core collected from within the catchment was  
208 essentially bereft of brGDGTs (Bischoff, pers. comm. 2014). Additionally the bottom water temperature  
209 of Lake El'gygytgyn remains a nearly constant  $4^{\circ}\text{C}$  throughout the year (Nolan and Brigham-Grette,  
210 2007), inconsistent with the large variations seen in MBT values and reconstructed temperature.

211         We also assume that our reconstruction represents summer temperature. Studies from mid to high  
212 latitude lakes have noted the strongest relationship between brGDGT indices and summer/warm months  
213 temperature (Pearson et al., 2011; Shanahan et al., 2013; Sun et al., 2011). Shanahan et al. (2013) note  
214 that this warm season bias is likely due to increased biological productivity during the summer months  
215 (higher temperatures, lakes are ice-free, greatest number of daylight hours). Lake El'gygytgyn is currently  
216 only ice free for approximately two months during July and August (Nolan and Brigham-Grette, 2007),  
217 and it is likely that the majority of primary production at/in the lake occurs during this period. Mean  
218 summer temperatures at the lake today are  $\sim 10^{\circ}\text{C}$ , which compares favorably with our reconstructions

219 based on the Sun et al. (2011) calibration (Figure 3). We note, however, that without a site-specific  
 220 calibration, or at least more knowledge of local sources of GDGT production, absolute temperature  
 221 reconstructions using any external calibration should be regarded with caution. In spite of this uncertainty,  
 222 we expect relative temperature changes reconstructed using the MBT/CBT proxy to be robust, as  
 223 supported by temperature reconstructions from pollen assemblage data, and these changes form the basis  
 224 for the majority of our conclusions.

225

## 226 **5.2 Super Interglacial MIS 31 at Lake El'gygytgyn**

227 While we hesitate to draw conclusions on the absolute temperature values reached during the  
 228 studied interval due to the calibration issues mentioned above, numerous interesting features are apparent  
 229 based on relative temperature changes. The first is the apparent warm nature of glacial MIS 32 at Lake  
 230 El'gygytgyn (Figure 3). Average brGDGT based temperatures for MIS 33-31 are shown in Table 1. Mean  
 231 temperatures during MIS 32 (1081-1104 kyr) are only  $\sim 0.5^{\circ}\text{C}$  lower than MIS 31, and only  $0.1^{\circ}\text{C}$  lower  
 232 than MIS 33 (similar regardless of MBT/CBT calibration chosen). Cold conditions are recorded only  
 233 briefly for  $\sim 2$  kyr centered around 1102 kyr BP (Figure 3). This warming pattern shows a dramatic  
 234 departure from both boreal summer insolation and the LR04 stack, suggesting that other factors were  
 235 influencing climate at Lake El'gygytgyn during this time.

236

**Table 1: Average reconstructed temperatures from MIS 33-31**

Marine Isotope Stage	Average MBT/CBT Temperature ( $^{\circ}\text{C}$ )	Minimum Temperature ( $^{\circ}\text{C}$ )	Maximum Temperature ( $^{\circ}\text{C}$ )
<b>31</b>	12.8	8.6	16.0
<b>32</b>	12.2	5.6	17.3
<b>33</b>	12.3	11.6	17.2

237

238 Other published proxies from the lake provide limited insight on this observation (Figure 3)  
 239 (Melles et al., 2012). Mean temperature of the warmest month (MTWM) estimates based on pollen

240 reconstructions, which agree well with our brGDGT data during most of MIS 31, deviate in the early part  
241 of MIS 31/late 32 (where only 3 data points exist). The % of tree and shrub pollen in the lake shows a  
242 dramatic increase between 1091.5 kyr and 1086 kyr BP, well before peak NH insolation, but low sample  
243 resolution, along with the potential influence of precipitation on vegetation, precludes robust conclusions.  
244 The accumulation of biogenic silica (based on Si/Ti ratios) steadily increases from a minima ~1101 kyr  
245 BP (the same time the lowest brGDGT temperatures for MIS 32 are recorded) to a maximum ~1072 kyr  
246 BP. While it does not display the dramatic fluctuations seen in the MBT/CBT data, it does appear that the  
247 low productivity seen around 1100 kyr BP was short lived during MIS 32. Perhaps most notable is the  
248 presence of the characteristic “super interglacial” sediment facies during MIS 32 at Lake El’gygytgyn  
249 (Melles et al., 2012) (Figure 3), suggesting extremely warm conditions at the lake prior to the traditional  
250 definition for the onset of MIS 31.

251         Also worth noting is the presence of abrupt episodes of both warming and cooling throughout the  
252 high-resolution section of our record. Perhaps most notable is the relatively abrupt warming event just  
253 prior to the onset of MIS 31 (ca. 1087-1084 kyr BP), which is defined by multiple data points. This event  
254 is close in timing to a small peak noted in the global benthic  $\delta^{18}\text{O}$  record within the MIS 31 interval  
255 (Figure 4) and considering uncertainties in both age models, may be coincident. While this event has not  
256 yet been resolved in other marine or terrestrial records lacking the resolution of the Lake El’gygytgyn  
257 core, it may have been global, given similarities in timing to the excursion in the benthic  $\delta^{18}\text{O}$  record.

258         In summary, our record demonstrates considerable high-frequency variability in temperature  
259 during this time interval. It also suggests that the entire period encompassing MIS 33-31 was generally  
260 warm in the Arctic. Existing proxies from Lake El’gygytgyn either suggest that warm conditions  
261 prevailed at the lake prior to the traditional definition of MIS 31, or are of insufficient resolution to rule  
262 out this possibility. Further analyses, including higher resolution pollen sampling and the determination of  
263 the deuterium isotopic composition of leaf waxes, will help confirm this assertion.

264

### 265 **5.3 Global Signature of MIS 33-31**

266 The observation that Lake El'gygytyn appears warm during MIS 32 echoes recent findings from  
267 high southern latitudes (Teitler et al., 2015), where the majority of research pertaining to MIS 31  
268 explicitly has been carried out to date (DeConto et al., 2012; Maiorano et al., 2009; McKay et al., 2012;  
269 Villa et al., 2012, 2008). Results from the ANDRILL project (McKay et al., 2012; Naish et al., 2009;  
270 Scherer et al., 2008; Villa et al., 2012) noted the presence of diatomite and presumed open water  
271 conditions at the coring site in the Ross Sea (Figure 1), implying a dramatically reduced West Antarctic  
272 Ice Sheet (WAIS) during this time. A large-scale reduction in WAIS is further supported by the modeling  
273 studies of Pollard and DeConto (2009) and DeConto et al. (2012). The authors also found reduced sea ice  
274 concentrations around the entire continent. Elsewhere around the Antarctic margin, Villa et al. (2008)  
275 found evidence for a major shift in dominant circulation patterns in the form of a decrease or  
276 disappearance of the Polar Front (indicated by increases in warm water nannofossil assemblages) at Sites  
277 1165 and 1167 (Prydz Bay, East Antarctica) (Figure 1). This finding was echoed further from the  
278 Antarctic continent, with evidence for a southward migration of the Subtropical Front at Site 1090  
279 (Maiorano et al., 2009) (Figure 1).

280 Although MIS 31 has been identified as an exceptional event in the SH, the exact timing of  
281 warmth is still a subject of debate. The majority of the studies mentioned above ascribed peak interglacial  
282 conditions to ~1080 kyr BP, when austral summer insolation was at a maximum (~10 kyr earlier than the  
283 boreal summer insolation peak during MIS 31 ~1070 kyr) (Figure 4). However, a recent study by Teitler  
284 et al. (2015) revisited the age models of the ANDRILL, CRP-1 (Cape Roberts), Site 1165 and Site 1090  
285 records and concluded that a secondary interpretation may be that warm conditions actually began earlier,  
286 during MIS 33. The authors also analyzed iceberg rafted detritus (IRD) and found minimal accumulation  
287 of IRD across the entirety of MIS 33-31 at Site 1090 (Teitler et al., 2015). The timing of the decrease in  
288 IRD agrees strongly with our reconstructed warm temperatures at Lake El'gygytyn (Figure 4). In  
289 summary, Teitler et al. (2015) suggest that glacial MIS 32 be relegated from a glacial stage to a stadial  
290 and that MIS 31 be reclassified as a longer interglacial more akin to later post Mid-Pleistocene Transition  
291 interglacials, lasting closer to 50 kyr BP instead of the ~20 kyr as it is currently defined. The authors point

292 to another SH austral insolation peak at the beginning of MIS 33 as the potential catalyst for the  
293 beginning of this long interglacial.

294 The apparent strong linkage between Lake El'gygytyn and records from the Antarctic margin  
295 has been highlighted previously (Melles et al., 2012; Brigham-Grette et al. 2013). The authors suggest  
296 that dramatic warming in the SH (reduction of WAIS, less sea ice) would lead to reduced Antarctic  
297 Bottom Water (AABW) production during this time (e.g. McKay et al., 2012). Less AABW production  
298 could lead to decreased northward flow of deep water into the North Pacific, subsequently reducing  
299 upwelling and increasing water column stratification (Melles et al., 2012). The resulting increase in sea  
300 surface temperature might then lead to changes in air temperature at Lake El'gygytyn, although this has  
301 not been supported by modeling efforts to date (Melles et al., 2012). Possible evidence for this  
302 mechanism operating during MIS 31 comes in the form of lower concentrations of sortable silt off the  
303 coast of New Zealand (Hall et al., 2001) as well as low rates of biogenic silica accumulation at Site 882 in  
304 the North Pacific (Haug et al., 1999) (Figure 1).

305 Previously this reduction of AABW and subsequent changes in ocean circulation has been  
306 suggested as a mechanism for the warmth of MIS 31 proper. However, existing proxy records have not  
307 been of sufficient resolution to investigate more intricate timing and relationships with insolation or other  
308 global climate records such as the benthic oxygen isotope stack (Lisiecki and Raymo, 2005). In light of  
309 our temperature reconstruction, however, it could be interpreted as a mechanism that can explain the  
310 warmth during MIS 32 (when SH insolation was high, prior the NH peak) (Figure 4). A recent study by  
311 Hao et al. (2015) also pointed to changes in Antarctic ice volume driving prolonged interglacial  
312 conditions in the NH during MIS 15-13. More research is required to substantiate this interhemispheric  
313 linkage, but it does provide a plausible explanation for the apparent connection between SH records and  
314 the warming seen in western Beringia.

315 Looking beyond the poles, paleotemperature reconstructions that cover this period in sufficient  
316 resolution to be meaningful are generally limited to sea surface temperature (SST) records (Figure 5).  
317 While a limited number of terrestrial archives do span MIS 31, existing data are mainly limited to indirect

318 climate proxies: biogenic silica from Lake Baikal (Khursevich et al., 2005), magnetic susceptibility and  
319 grain size from Chinese loess (Sun et al., 2010). However, these proxies more closely track local summer  
320 insolation values. Of the SST data plotted here, the majority are part of longer time-series, and as such  
321 have not been interpreted in relation to MIS 31 specifically. Interestingly, however, the majority of data  
322 suggest that MIS 32 was either reduced in duration or magnitude, similar to our Lake El'gygytgyn data.  
323 The upper part of Figure 5 (Sites 722-1123) depicts SST records where MIS 32 appears to be a relatively  
324 "weak" glacial compared to other cold periods. Cooling within the shaded area (MIS 33-31) does not  
325 seem to reach the low temperatures of MIS 34 or 30, for example. The lower section of Figure 5 (Sites  
326 882-1090) alternatively suggests that although cooling may have reached a similar magnitude as other  
327 mid-Pleistocene glacial periods, the duration appears abbreviated (only a few kyr). Closer analysis of the  
328 LR04 benthic stack also indicates that MIS 32 was a weaker glacial period compared to 34 and 30. It also  
329 suggests, however, that at least some return to glacial conditions must have occurred (high  $\delta^{18}\text{O}$  values  
330 around 1100 kyr BP).

331 More widely distributed high-resolution records are required to provide a definitive answer on the  
332 glacial versus stadial nature of MIS 32 globally. The highest resolution ocean SST records presented here  
333 have a resolution of 1-2 kyr (Herbert et al., 2010), and in many cases the "glacial" temperatures  
334 representing MIS 32 (Figure 5) are represented by only one or two data points. Alternatively other records  
335 spanning this interval may be missing the coldest periods of MIS 32. However, based on the available  
336 evidence from the Beringian Arctic, high southern latitudes, and existing SST records, it seems that MIS  
337 32 was reduced in magnitude and/or duration relative to other glacial intervals of the Pleistocene.

338 The underlying cause of the protracted warmth around MIS 31 remains elusive. The unique  
339 nature of this super interglacial is thought to have occurred largely in response to summer insolation  
340 during this time (DeConto et al., 2012), which was anomalously high (especially at the poles) due to the  
341 concurrence of high obliquity and high eccentricity. Insolation values at  $65^{\circ}\text{N}$  in July for instance, were  
342 nearly  $30 \text{ Wm}^{-2}$  higher during peak MIS 31 than our current interglacial (Laskar et al., 2004). In the NH,  
343 however, peak boreal insolation occurs  $\sim 1070$  kyr BP, significantly after peak temperatures are recorded

344 at Lake El'gygytyn (Figure 4). SH austral summer insolation is highest one half a precession cycle  
345 earlier (~1080 kyr BP), but again this is too late to explain the warming suggesting by Teitler et al.  
346 (2015), and our temperature record beginning at MIS 33 (~1114 kyr BP). In relation to our temperature  
347 reconstruction, it is plausible that the alternating insolation peaks between hemispheres, separated by half  
348 a precession cycle, could register as a continued period of warmth at Lake El'gygytyn, through oceanic  
349 teleconnections linked to Antarctic ice volume. It seems unlikely, however, that insolation alone triggered  
350 a substantial WAIS retreat at the beginning of MIS 33 (when maximum austral insolation values reached  
351 only  $\sim 511 \text{ Wm}^{-2}$  at the end of the interglacial (Laskar et al., 2004) (Figure 4).

352 While greenhouse gas concentrations likely played a role, their relative contribution remains  
353 unresolved. High concentrations of  $\text{CO}_2$  have been explored as a possible forcing in model simulations  
354 during MIS 31 (DeConto et al., 2012), but current proxy reconstructions are of insufficient resolution  
355 and/or fidelity to be definitive. While there may be a relative peak in  $\text{CO}_2$  concentrations in the  
356 reconstruction of Honisch et al. (2009)  $\sim 1 \text{ Ma BP}$  it is only supported by 2-3 data points. Generally,  
357 existing  $\text{CO}_2$  reconstructions do not suggest dramatically higher concentrations relative to other  
358 Pleistocene interglacials (Honisch et al., 2009; Tripathi et al., 2011).

359 More research is needed to definitively characterize MIS 32 at Lake El'gygytyn. Lower "glacial"  
360 temperatures are recorded during MIS 32 in our brGDGT data, albeit briefly, and the question of glacial  
361 stage versus stadial could change depending on whether duration or intensity is deemed more important.  
362 Extension of pollen analyses back to MIS 33 and planned deuterium isotopic analyses of leaf waxes will  
363 provide further independent reconstructions to compare to our brGDGT temperatures. More global high-  
364 resolution records will similarly be of great use in determining the true nature of this period.

365

## 366 **Conclusions**

367 BrGDGTs are present in the Lake El'gygytyn sediment record throughout the interval  
368 surrounding MIS 31, and reconstructed temperatures are in agreement with pollen based summer  
369 temperature estimates from the same interval. While we acknowledge the absolute reconstructed

370 temperatures using this methodology are reliant on the calibration chosen and should be treated with  
371 caution, relative temperature changes revealed by the brGDGT record nevertheless provides insight into  
372 the pattern of temperature variability, duration and intensity of super interglacial MIS 31 in the terrestrial  
373 Arctic. Our high-resolution reconstruction displays numerous abrupt temperature changes on the order of  
374 4-6°C over a few thousand years or less. Additionally it appears that apart from a brief period ~1104 kyr  
375 BP, conditions at Lake El'gygytgyn were relatively warm during glacial Stage MIS 32. While this finding  
376 echoes recent results from the SH, more research is needed to determine whether the entire period of MIS  
377 33-31 should be reclassified as one long interglacial. Should this prove true, it would add to the  
378 complexity surrounding the Mid-Pleistocene Transition.

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### 555 **Figure Captions:**

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557 **Figure 1: Approximate location of Lake El'gygytyn in NE Siberia and other locations**  
 558 **relevant to this study. Background image source: NASA's Earth Observatory.**

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563 **Figure 2: brGDGT results from MIS 35-29 at Lake El'gygytyn: a) concentrations of total**  
 564 **brGDGTs relative to grams sediment extracted; b) MBT, c) CBT, and d) pH values**  
 565 **calculated using equation of Weijers et al., (2007); e) MBT/CBT based temperatures**  
 566 **calculated using equation of Sun et al. (2011). Pink shading denotes period from start of**  
 567 **MIS 33 (1114 kyr BP) to end of MIS 31 (1062 kyr BP), dashed lines denote duration of MIS**  
 568 **31.**

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572 **Figure 3: Compilation of proxy data from Lake El'gygytyn: a) age model tie points from**  
 573 **Nowaczyk et al. (2013), large black diamond represents 1st order paleomagnetic reversal,**  
 574 **dark blue circles represent 2nd and 3rd order proxy tie points; b) brGDGT based**  
 575 **temperatures (blue) (this study); pollen based mean temperature of the warmest month**  
 576 **(MTWM) estimates (purple) (Melles et al., 2012); c) % tree and shrub pollen at the lake**  
 577 **(green) (Melles et al., 2012); d) ratio of silica to titanium (Si/Ti) (gray), interpreted as a**  
 578 **proxy for primary productivity. e) Red bars in bottom panel denote presence of interglacial**  
 579 **(red) or super interglacial (dark red) facies (Melles et al., 2012). Long dashed line at 10°C**  
 580 **indicates modern mean July temperature. Maximum brGDGT temperature estimates from**  
 581 **other Pleistocene interglacials indicated with shorter dashed lines (data from Brigham-**  
 582 **Grette and Nolan, 2007; Habicht et al., in prep; Castañeda et al., in prep). Light pink**  
 583 **shading denotes entire period from MIS 33-31 (1114-1062 kyr BP), darker pink shading**  
 584 **denotes traditional definition of MIS 31 (1082-1062 kyr BP) (Lisiecki and Raymo, 2005).**

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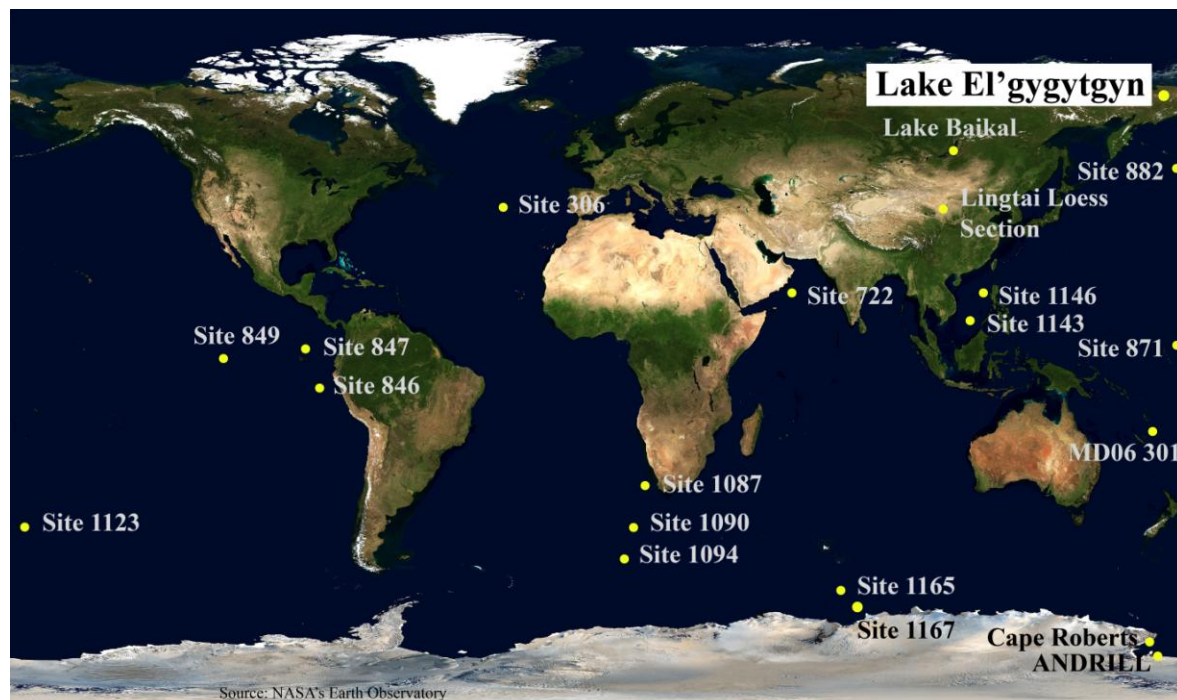
588 **Figure 4: a) Lake El'gygytyn age model tie points from Nowaczyk et al. (2013), large**  
 589 **black diamond represents 1st order paleomagnetic reversal, dark blue circles indicate 2nd**

590 and 3rd order proxy tie points; b) insolation values for 65°N (dashed red line) and 65°S  
 591 (gray line) (Laskar et al., 2004); c) LR04 benthic stack (Lisiecki and Raymo, 2005); d)  
 592 MBT/CBT temperature values from Lake El'gygytgyn (this study); e) and accumulation  
 593 rate of IRD (ice-rafted detritus) from Site 1090 in South Atlantic (Teitler et al., 2015). Pink  
 594 shading denotes period from start of MIS 33 (1114kyr BP) to end of MIS 31 (1062 kyr BP),  
 595 dashed lines indicate traditional definition of MIS 31 (1082-1062 kyr BP) (Lisiecki and  
 596 Raymo, 2005).

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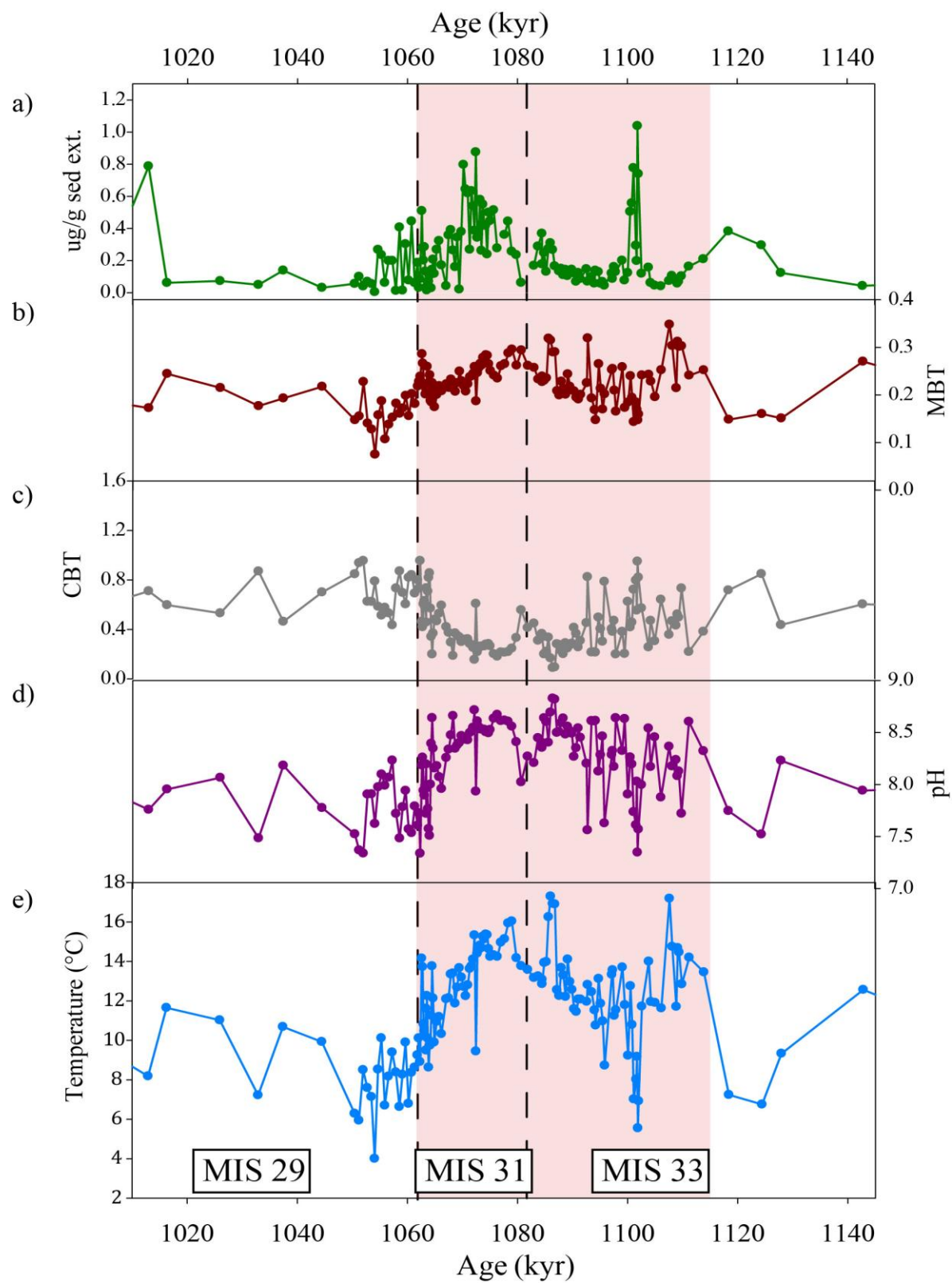
602 **Figure 5: Compilation of existing paleotemperature records of sufficient resolution to be**  
 603 **relevant spanning MIS 31. Upper panel (Sites 772- 1123) depicts records where magnitude**  
 604 **of cooling during MIS 32 appears reduced relative to other Early Pleistocene glacial**  
 605 **periods: a) Site 772 (16°N, Herbert et al., 2010), b) Site 871 (5°N, Dyez et al., 2014), c) Site**  
 606 **847 (0°N, Medina-Elizalde et al., 2008), d) Site 849 (0°N, McClymont and Rosell-Melé,**  
 607 **2005), e) Site 846 (3°S, Herbert et al., 2010), f) Site MD06-301 (23°S, Russon et al., 2011), g)**  
 608 **Site 1123 (41°S, Crundwell et al., 2008). Middle panel depicts h) biomarker based**  
 609 **temperatures from Lake El'gygytgyn (this study) and i) the LR04 benthic stack (Lisiecki**  
 610 **and Raymo, 2005) along with labels denoting marine isotope stages. Lower panel shows**  
 611 **locations (Sites 306-1090) where, while cold “glacial” temperatures are recorded during**  
 612 **MIS 32, the duration of cooling during appears abbreviated: j) Site 306-U1313 (41°N,**  
 613 **Naafs et al., 2013), k) Site 1146 (19°N, Herbert et al., 2010), l) Site 1143 (9°N, Li et al.,**  
 614 **2011), m) Site 1087 (31°S, McClymont et al., 2005b), n) Site 1090 (42°S, Martinez-Garcia et**  
 615 **al., 2010). Pink shading denotes period from start of MIS 33 (1114kyr BP) to end of MIS 31**  
 616 **(1062 kyr BP), dashed lines indicate traditional definition of MIS 31 (1082-1062 kyr BP)**  
 617 **(Lisiecki and Raymo, 2005).**

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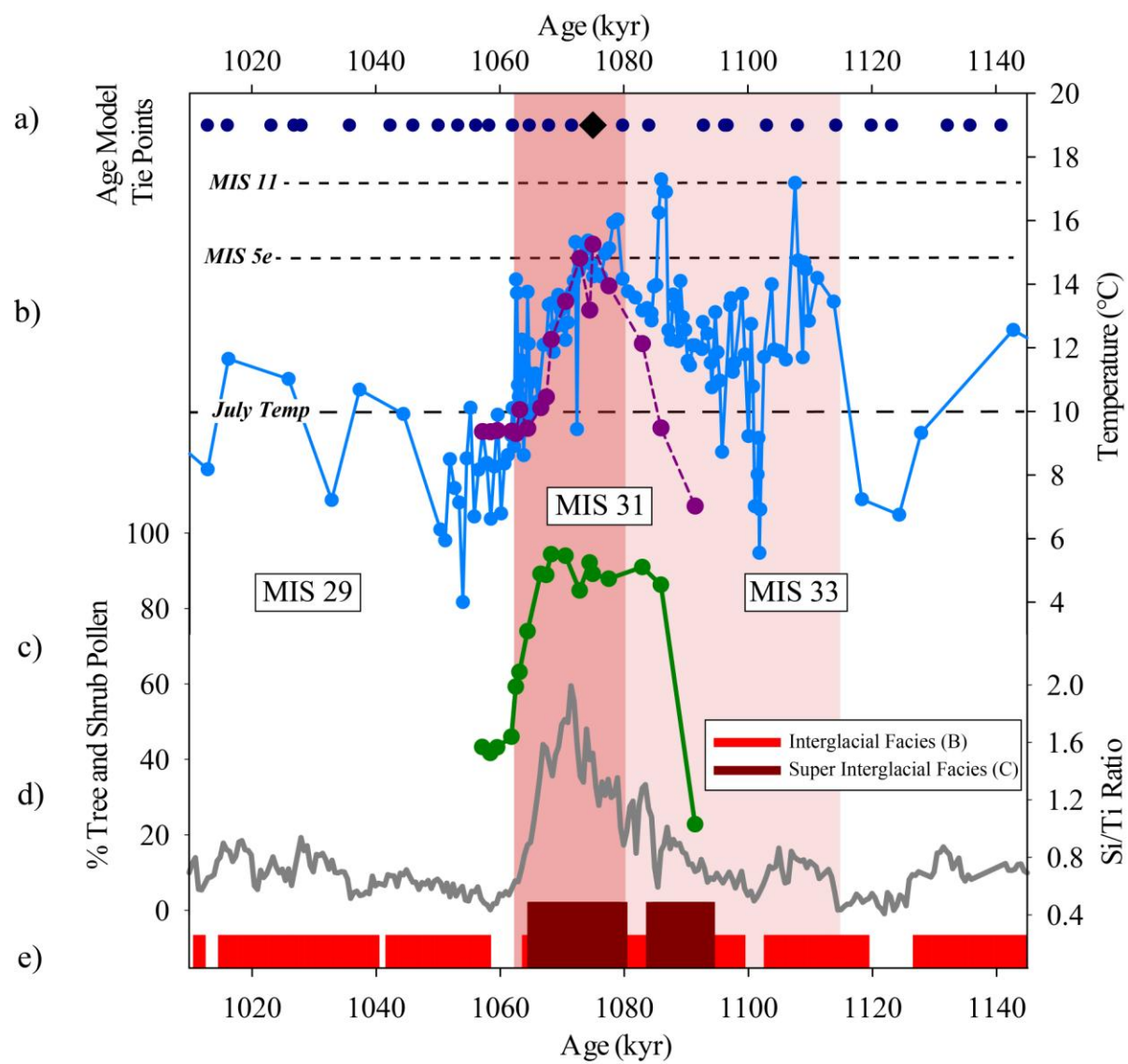
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**Figure 1**



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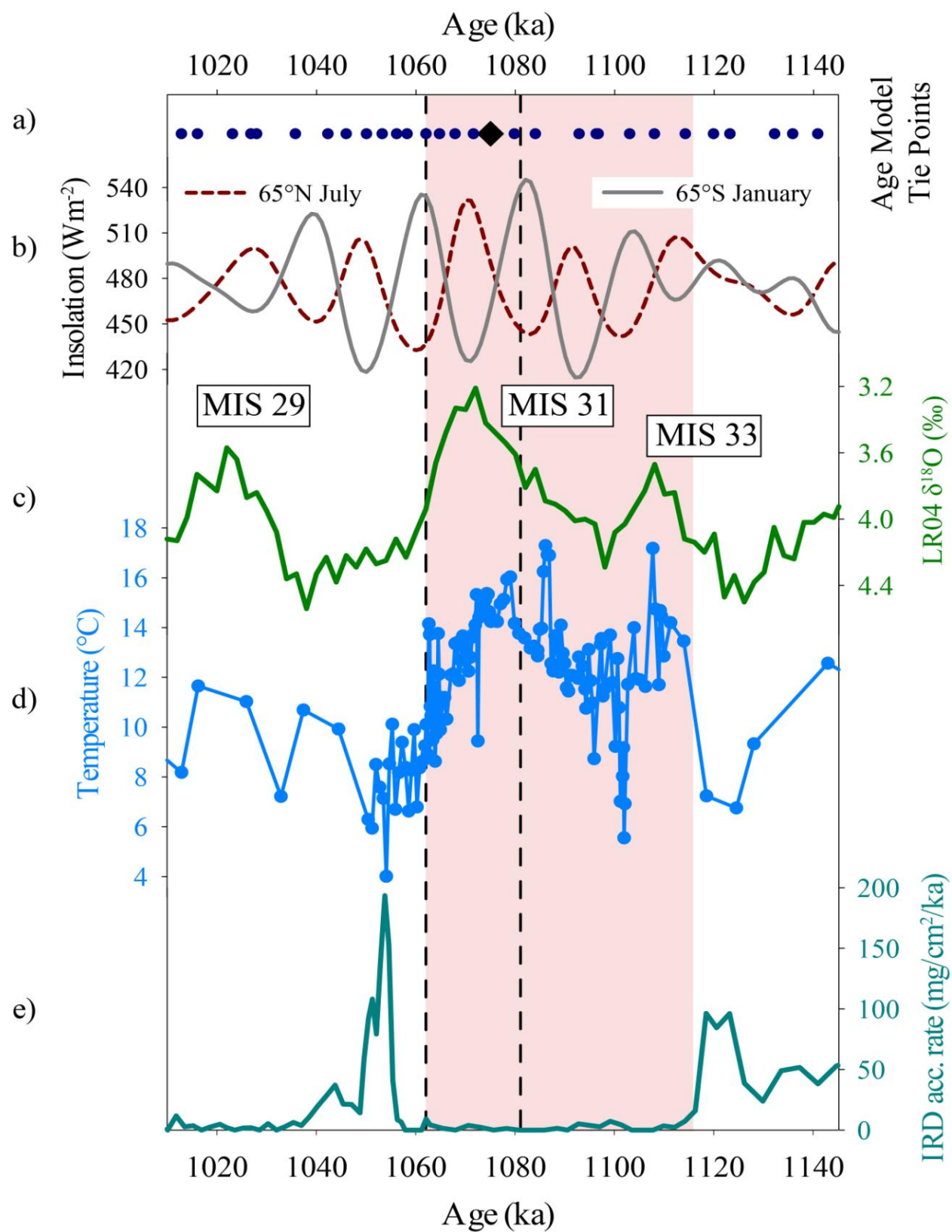
**Figure 2**



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**Figure 3**





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626 **Figure 4**

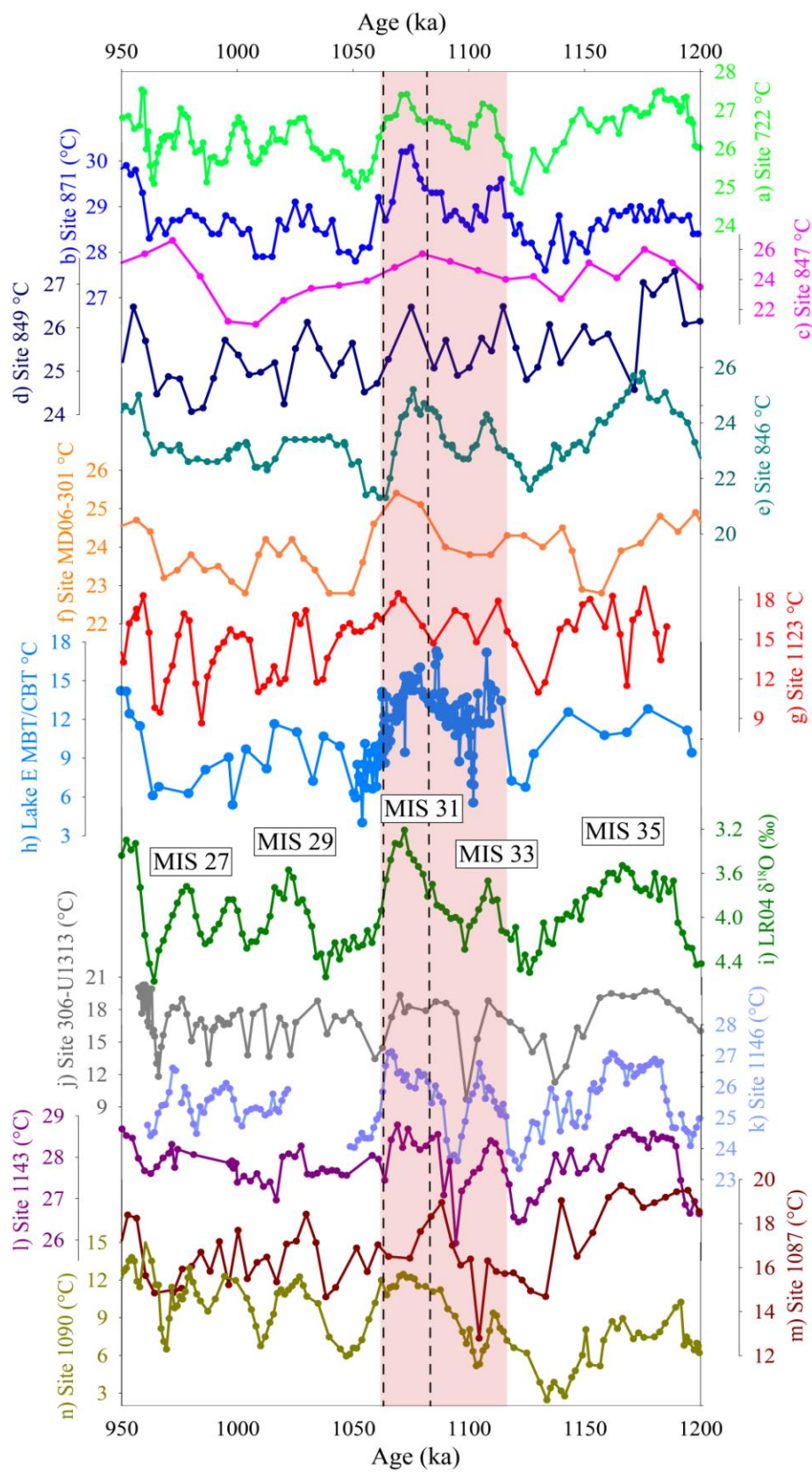
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Figure 5